

Lesson Notes:

The Desires of Our Hearts

In **Psalm 37:4-5** David tells us that if we commit our ways to the Lord and Trust in him he will grant us all the desires of our hearts. In the book of Psalms and in Thessalonians we are told how we can commit our ways to the Lord to receive the fullness of his blessings.

Scriptural Principles

- 1) **Delight in the Lord. Commit your ways to him and he shall give you the desires of your heart.** – **Psalm 37:4-5** – David tells us in **Psalm 37:4-5** that if we commit our ways to the Lord and Trust in Him he will give us all of the desires of our hearts.
- 2) **No good thing will he withhold from those that walk uprightly.** – In **Psalm 84:11** the Psalmists tell us that nothing good will be withheld from those that walk uprightly.
- 3) **Walk in his path and he will provide protection from your enemies.** – **Psalm 21:8-13 & Psalm 147:12-14** tells us that God will provide us protection from our enemies. This also includes protection from Satan and demonic forces as well. Paul tells us in **Ephesians 6:12** that our struggle is not against flesh and blood but against powers and principalities in high places. And Paul goes on to say in **Romans 8:31** that if God is for us who can be against us.
- 4) **God wants us to desire a relationship with him.** – In **Psalm 73: 25-28** Asaph a trusted servant of David tells us that God wants us to desire a relationship with him. And those who stray from him shall perish.
- 5) **God wants us to pray and minister to others so that they may have a desire to know him as well.** – Paul and Timothy tell the Thessalonians in **2 Thessalonians 1:11-12** that they pray for them that God will find them worthy of his calling.
- 6) **God wants us to be mindful of others and not always worrying about our desires.** – **Proverbs 18:1** tells us that worrying about our own desires is against good judgment.
- 7) **Put everything into proper perspective.** – In the parable of the rich man (**Matthew 19:16-22**) Jesus shows us that we need to keep things in proper perspective. In **Matthew 16:25-27** Jesus asks what does a man profit if he gains the whole world but loses his soul in the process.